



Prerequisite Relationship Coaching Foundation 101  
(see Fast Track date 26<sup>th</sup> February 2010)

**Relationship Coaching for Singles Module**

**Saturday 27<sup>th</sup> and Sunday 28<sup>th</sup> February 2010**

This module aims to provide coaching skills and knowledge to assist individuals in making good relationship choices.

You will learn:-

- principles of conscious dating
- dating traps
- how to recognize the emotionally unavailable
- how to create a successful dating plan
- the different stages of relationships
- the danger of sliding v deciding
- the importance of boundary setting
- the stages of commitment

This module can be taken as a “stand alone” or as part of the six module course.

Accreditation: you will be assessed throughout the 2 days and will need to complete a piece of written work in relation to the module.

Please see Special Offer Packages as part of the Relationship Coaching Course details and contact us to discuss payment plans.