



## Announcing 2010 Expansion

At Burren Life Balance we have spent the last 12 months growing stronger and establishing ourselves as the fastest growing provider of education, therapies and treatments in the West of Ireland today.

As the world starts to recover from its economic woes the team at Burren Life Balance is proud to announce an expansion of services for the future focusing on core areas for well-being and education for mind, body & soul.

### Introducing **Burren Life Balance**

*Training & Therapy*

Our stunning training and therapy rooms are now available for hire to local businesses and practitioners in need of cost effective, modern facilities. Located at the gateway to the Burren, yet only 15 minutes from Ennis we cater for all types of business

### Your business can benefit from **Burren Life Balance**

*Spa & Treatment Resort*

As part of deals for spring 2010 we are offering access to our outdoor spa area and massage rooms – in particular this would be perfect for yoga, massage or alternative therapy practitioners – all of this WITHOUT the Ennis Price tag.

Of course we are continuing to grow our core business in 2010 with a wide range of courses for life, business and relationship coaching practitioners. See our diary on the website for more details.

### **Burren Life Balance**

*Training & Therapy*



### **Burren Life Balance**

*Spa & Treatments Resort*



### **Burren Life Balance**

*Coaching & Education*





## **Burren Life Balance**

### *Training & Therapy*



At Burren Life Balance we are now offering a comprehensive package for practitioners and facilitators wishing to use our facilities on a full or part-time, permanent or one-off basis. We offer a range of options to suit all businesses,

#### **FULL TIME**

For less than €130 per week you can hire one of our training or therapy rooms at our centre based in Killeen, Corofin. We also provide full tea and coffee facilities, en-suite, comfortable waiting room, free parking plus we are also offering for a limited time, free promotion of your company/website on the Burren Life Balance website.

The Burren Life Balance Spa is located overlooking the stunning Mullagh More and consists of an outdoor hot tub, sauna and massage area. For a small additional cost your clients can also have access to this amazing facility.

#### **PART TIME**

The above facilities can also be hired on a day to day basis from €25 per day.

#### **EVENING HIRE**

Our large room which caters for between 15 & 20 people can be hired for €50 per evening between 6pm and 9pm. Tea & Coffee is available at a small additional charge.

#### **OCCASIONAL/WORKSHOP/SEMINAR**

Our large training room can also be hired on an Ad-hoc basis for business meetings, workshops or seminars. We can also provide projector & flip chart facilities. Please ask for rates and details about our fully catered events.