



# **BURREN**

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# **LIFE BALANCE**

## **STAYCATION. LOCATION. ELATION.**

Enjoy a short break this summer at Burren Life Balance in the heart of County Clare. Enjoy incredible scenery, tasty food and excellent service.

**Step 1: Pick Your Dates.** Just get in touch with Burren Life Balance Reservations to check availability.

**Step 2: Choose from Full Board or Half Board**  
All Breaks include full access to Burren Life Balance Mountain View Spa

<b>A. Half Board</b> €35pps/pn	Bed & Breakfast (Including Homemade Breads & Freshly laid Eggs.)
<b>B. Full Board</b> €75pps/pn	Bed & Breakfast, Afternoon Tea & 4 Course Evening Meal

**Step 3: Or if you feel like it, just create your Personalised Break Away**  
Choose a special package just for your enjoyment

<b>i. Burren Walk</b>	Enjoy a 1 day fully guided trip around some of the most amazing sights the Burren National Park has to hold
<b>ii. Spa Treatments</b>	Choose from Full Body Massage, Reiki, Hypnosis or much more (see website Retreats for details)
<b>iii. Home Baking</b>	Spend a glorious day in the Cullinan Cottage Kitchen learning traditional baking skills

Prices for each of our Treatments & Walks from Burren Life Balance Reservations

**Step 4: Relax and Unwind!**

**Spend some quality time at home this year**  
**Call us NOW!**

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